EAT. DRINK. SOCIALIZE.

CENTRAL CAFE

Monday – Friday

Breakfast: 07:00 am - 9:30 pm Lunch: 11:00 am - 1:00 pm

WEEK OF MAY 20



RISE & SHINE

WEEKLY BREAKFAST SPECIALS

includes choice of side

denver omelet

chocolate chip pancakes (V) 6.00

MOM

GUEST APPRECIATION: BUFFALO CAULIFLOWER (V) SALAD

7.99

6.00

buffalo cauliflower (V) with celery, tomatoes, carrots, and blue cheese crumbles served over a fresh lettuce blend topped with blue cheese dressing. Includes 20 oz water or soda

SOUPS: chicken noodle | house made chili

TUES

ISLAND EATS: CARIBBEAN JERK CHICKEN

10.00

caribbean style jerk chicken served with island coconut rice and peas and red cabbage and mango slaw, and sweet plantains

SOUPS: FIT southwest black bean I house made chili

WED

CHEF TABLE: SHRIMP GNOCCHI SCAMPI

9.45

pan seared potato gnocchi with sauteed shrimp, mushrooms and artichoke hearts toped with parsley and a garlic parmesan crips

SUSHI: pricing varies

SOUPS: FIT italian wedding | house made chili

THURS

APAH MONTH: STEAK RICE BOWLS

8.95

tandoori spiced steak served with basmati rice, roasted mixed vegetables, green chili chutney, cilantro, and naan bread

SOUPS: garden vegetable (V) | house made chili

4

LIMITED SERVICE: HAPPY MEMORIAL DAY!

flame and salad bar available

CONNECT WITH US



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WEEKLY FEATURES

AVAILABLE ALL WEEK MEATBALL INC. TAKE OVER

includes choice of side

italian meatball sub 8.40 buffalo chicken meatball sub 8.40 includes bakers chips or caesar salad

SANDWICHES

steakhouse roast beef 8.95
ham and gouda baguette 8.95
baked falafel gyro on wheat pita 8.95
buffalo chicken wrap 8.95
roasted tomato basil ricotta flatbread 8.95

SWAP YOUR SIDE

FIT creamy broccoli bacon salad

GLOBAL BOWLS

breakfast grit bowl with sausage, eggs, gravy and cheese

chicken or beef tinga brown rice bowl

roasted chicken or tofu cobb salad

INTERNATIONAL CUISINE

TAGINE

roasted lamb, chicken and apricot, and a rich seven vegetable medley

